



Summer Power Skating, Skills, & Off-ice

Birth year 2010, 2011, 2012, 2013, and 2014

Monday and Thursday Evenings

June 5th-August 10th

18 total skates (No 6/22 or 7/3)

Cost: All dates \$675 (\$37.50/day) OR Only Monday/Only Thursday \$400 (\$44/day)

Limited space!! Sign up now to reserve you spot!

Monday On Ice 4-5pm (60 min) Off Ice Skills 5:15-5:45pm Strength and Conditioning 5:45-6:30pm	Thursday On Ice 5:30-6:50 (80 minutes) Off Ice Skills 7:05-7:20pm Strength and Conditioning 7:20-8pm
--	---

Name _____ DOB _____ Team _____
 Address _____ City _____
 Zip _____ Phone (____) _____
 Parent's Names _____
 E-mail _____
 Emergency Contact _____ Phone _____

Circle your selected package: All Skates, Mondays only, Thursdays only

Sign up for on ice camp, receive a discount on All-N-Stride Skating Treadmill!!!

Sign up for Monday or Thursday
 Option to buy up to 10 treadmill sessions
 at \$35/session (30% discount)

Sign up for All Skates
 Option to buy up to 10 treadmill sessions
 at \$30/session (40% discount)

Mail to: Gagneau Performance Training
 566 100th St SW
 Byron Center, MI 49315

Make check to: Gagneau Performance Training
Questions: 734-255-8194
Email: Gagneaupercetraining@gmail.com

Liability Waiver

I, _____, parent/guardian of _____, participant, hereby
 (parent name) (player name)
 recognize that participation in the sport of ice hockey or ice skating can be hazardous, even dangerous, and can result in minor or serious injury, even death. For these reasons, I hereby acknowledge that I understand the risks involved in skating and hockey, and, should a medical emergency arise, I grant full authorization for medical treatment to the 911 Emergency Staff on call. By signing this waiver, I also agree that in no way will I hold Southside Ice Arena, Gagneau Performance Training LLC, Kyle Gagneau, or any other professional instructors liable for any such injuries should they occur. I have fully read this waiver and I acknowledge a complete understanding of it's contents.

Signed _____ Date _____